



#### **COVID-19 UPDATE**

Q1 & Q2 2020

In the first half of 2020, the impact of COVID-19 permeated our work.

On 7 March, Cambodia recorded its first case of COVID-19. Since that date, the country has avoided a widespread outbreak of the virus.

Even without an outbreak, the effects of the pandemic have been felt throughout the country. COVID-19 has disrupted livelihoods, security, and health-seeking behaviours for families across Cambodia.

Hundreds of thousands of children are now at greater risk of poverty, malnutrition and preventable illness as families are forced to make difficult decisions about spending on food and medical care.

As in many other low-income countries, the health crisis risks becoming a hunger crisis. Immediate pandemic effects are being identified in child malnutrition, or undernutrition.

AHC is already seeing a 45% increase in cases of children who are undernourished.

Since the beginning of the pandemic, AHC has seen large fluctuations in outpatient numbers and continued demand for inpatient and intensive care as children are still getting sick/injured.

# SUPPLY OF DEMAND FOR SERVICES SERVICES ESSENTIAL HEALTH COVID-19 Global Financing Facility models indicate that child mortality in Cambodia could increase by 35%.

#### **Our Response**

The longer this crisis continues, the harder and more expansive the health implications will be for Cambodia's children. It is imperative that AHC prepares and remains ready to fill increasingly large care gaps left by COVID-19 and ensures every child can readily access the services that they need in these challenging times.

AHC employs strict infection prevention and control monitoring and enforcement throughout the hospital, designed to reduce the spread of any infection. We continue to provide education about virus prevention, including the importance of good hygiene practices, within our hospital and communities in order to reach as many parents as possible.

Operationally, we are adapting to financial pressures including cost increases for medications and PPE, the cancellation of fundraising events, and a shift in philanthropic funding towards more localised COVID-19 response efforts.

We remain committed to our strategic aims and are working to provide essential paediatric services for Cambodian's children.

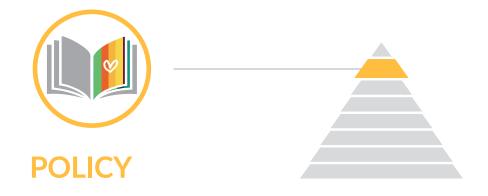
As a non-profit organisation we will continue working closely with the Cambodian Ministry of Health, health partner organisations, and donors and supporters, to protect and improve child health in Cambodia. Read about our response.

### **AHC'S IMPACT MODEL**

AHC tracks key output metrics to demonstrate impact across activities.







# POLICY, GUIDELINES, AND TOOLS DRIVING CHANGE NATIONALLY

As a respected actor in healthcare nationally, AHC's practices, methods, and interventions inform and contribute to policy and guidelines in Cambodia, accelerating the adoption of healthcare best practices to systemically improve patient outcomes.

### HIGHLIGHT





# Meet BaRT: The Innovation Helping Newborns Breathe

Every day in Southeast Asia, almost 2,000 newborn babies will suffer from birth asphyxia, taking their first and final breath.

AHC has developed an innovative and sustainable solution to reduce neonatal mortality due to breathing-related deaths: the Baby Resuscitation Training system (BaRT).

BaRT is a digital solution that can help health workers learn how to administer correct ventilation technique, build muscle memory, and foster competency and confidence in neonatal resuscitation.

Currently, no such device is available that is affordable in a low-resource setting.

Learn more about BaRT on our AHC Lens page

### **CAMBODIA IN CONTEXT**







# THE WIDEST REACH OF KNOWLEDGE DISSEMINATION

AHC's commitment to evidence-based knowledge and data-based analysis results in robust research that solves national and international challenges in paediatric healthcare. Our research, regularly published in international, peer-reviewed journals, informs the hospital's provision of care, contributes to the national dialogue on pressing healthcare issues, and influences child health on a global scale.

#### **PUBLICATIONS**

### HIGHLIGHT





# AHC Study Identifies Influential Factors to Neonatal Health in Rural Cambodia

Cambodia, like many other low and middle-income countries, maintains persistently high neonatal mortality rates, with some of the highest rates recorded in rural areas. Interventions across levels – from villages to referral hospitals – are required to prevent neonatal deaths. These interventions must be socially and culturally acceptable, practical, appropriate and aligned to the communities' needs.

To develop and facilitate such interventions and programmes, it's critical to understand what influences neonatal health and care-seeking behaviour. In Cambodia, however, there is currently a lack of data on the topic.

In order to identify barriers and facilitators to neonatal health and care-seeking behaviours, AHC's Saving Babies' Lives Programme led focus group discussions with 85 community health workers and conducted a thematic analyses.

#### Read the study's findings in BMJ Open

## **CAMBODIA IN CONTEXT**







"Genomic surveillance for hypervirulence and multi-drug resistance in invasive Klebsiella pneumoniae from South and Southeast Asia" Genome Medicine

"Barriers and facilitators to neonatal health and care-seeking behaviours in rural Cambodia: a qualitative study" BMJ Open

"C-reactive protein as a potential biomarker for disease progression in dengue: a multi-country observational study" BMC Medicine

"Analysis of variants in GATA4 and FOG2/ZFPM2 demonstrates benign contribution to 46,XY disorders of sex development"

Molecular Genetics & Genomic Medicine

"ACORN (A Clinically-Oriented Antimicrobial Resistance Surveillance Network): a pilot protocol for case based antimicrobial resistance surveillance"

Wellcome Open Research

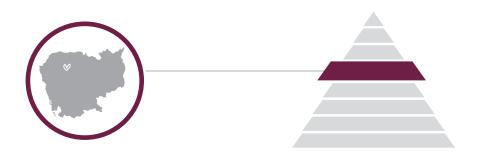
"Elizabethkingia anophelis Infection in Infants, Cambodia, 2012–2018"
Emerging Infectious Disease Journal

"Cambodian Developmental Milestone Assessment Tool (cDMAT): Performance reference charts and reliability check of a tool to assess early childhood development in Cambodian children" Early Human Development

"Salmonella Typhi and Paratyphi A infections in Cambodian children, 2012 – 2016"
International Journal of Infectious Diseases

"Global Retinoblastoma Presentation and Analysis by National Income Level" JAMA Oncology





**HEALTH SYSTEM STRENGTHENING** 

#### **BUILDING ORGANISATIONAL CAPACITY**

AHC provides tailored training, technical support and ongoing mentorship to healthcare workers along the continuum of care to increase access and improve quality within the healthcare system. We ensure the support provided in referral hospitals, health centres, health posts, and villages equips and empowers healthworkers with the skillsets needed to carry out training within themselves, ultimately, ensuring sustainability.

# HEALTH SYSTEM STRENGTHENING

### HIGHLIGHT





#### Checking in at Rovieng Health Centre

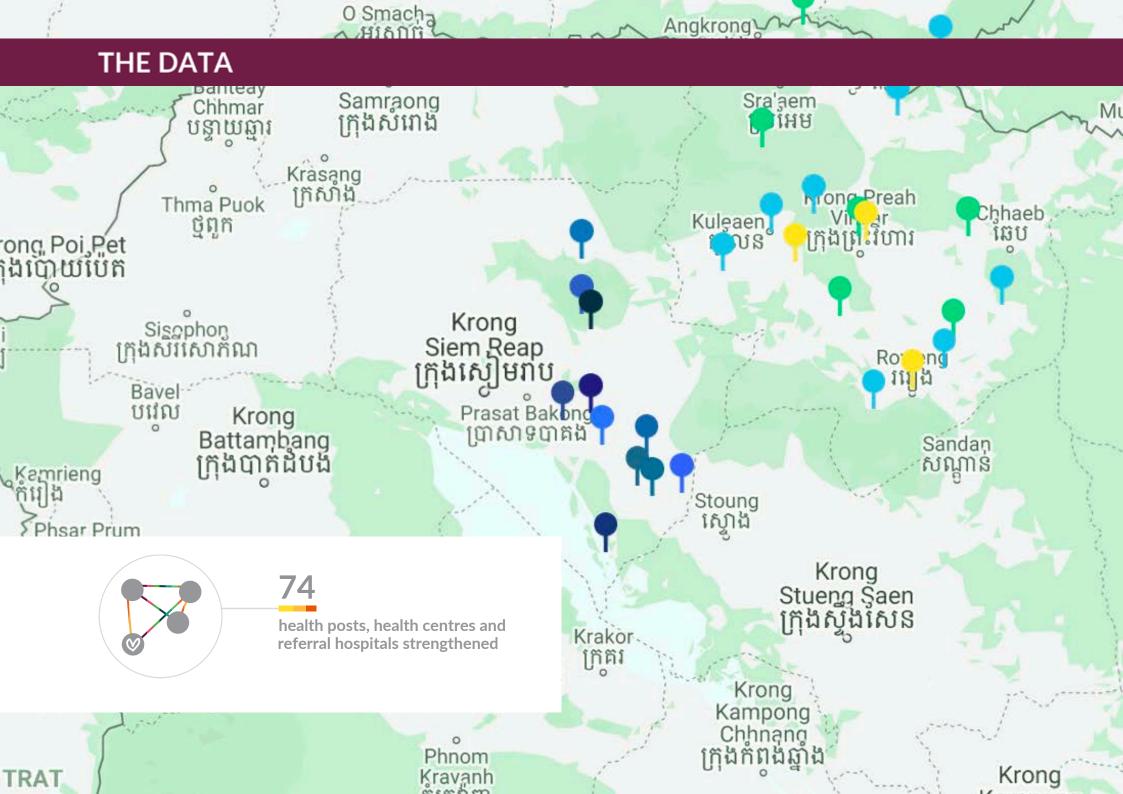
It is a typically busy morning at Rovieng Health Centre in Preah Vihear Province; dozens of motorbikes are parked outside and many mothers and children sit beside the designated obstetrics, antenatal and delivery room building.

That previous night, three babies had been born, adding to the buzz of activity. The Saving Babies' Lives (SBL) team has been visiting the health centre every month since SBL started, to train the staff on neonatal healthcare.

"We were happy to see the staff here had kept up their training while we were gone," says Saradeth Pun, the SBL Officer leading training and mentorship of Rovieng. "They are continually making sure their workplace is clean and hygienic, especially before births, which was not the case when we first arrived."

On this month's visit, Saradeth is teaching correct intravenous administration of antibiotics when a sick neonate requires urgent transferring to the Preah Vihear Referral Hospital. Rovieng Health Centre is located over 1.5 hours' drive from the referral hospital, meaning correct transfer of sick neonates is a crucial procedure for the health centre staff to follow.

#### Read more on the AHC Lens







# ADVANCING CAMBODIAN INTELLECTUAL SUSTAINABILITY

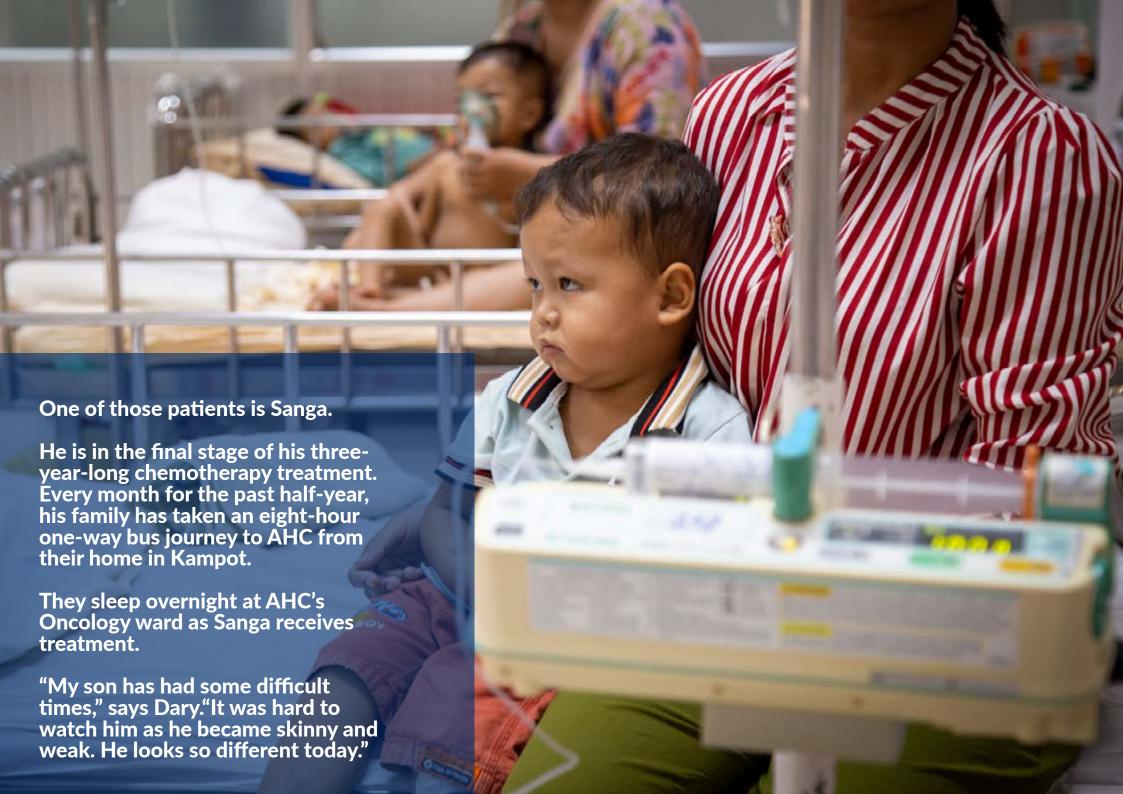
As one of the few paediatric teaching hospitals in Cambodia, AHC partners with government-run facilities, medical and nursing schools and private clinics to train students and healthcare staff in the highest standards of paediatric care. Since our founding, we've provided a comprehensive range of paediatric education programmes across disciplines and grades that allow healthcare professionals to go on to practice and teach in each of Cambodia's 25 provinces.













### THE DATA



52

external healthcare workers trained



95

medical and nursing students educated



6, 498

attendances at continuing professional education courses for AHC staff







#### **COMMUNITY EDUCATION**

# PREVENTATIVE EDUCATION FOR COMMUNITIES AND CAREGIVERS

AHC's community-based, holistic healthcare initiatives deliver health education, increase access to care, address rural health inequalities, and ultimately, improve health outcomes. We partner with key actors and stakeholders within communities to provide health awareness events, first aid trainings, health screenings and other interventions that educate and empower children, villagers, and community health workers to decrease preventable illness.

In the hospital, AHC provides health education to caregivers of admitted patients to help them understand and address the underlying causes of childhood illnesses, as well as develop healthy habits and behaviors, through one-on-one and group sessions.

## HIGHLIGHT





# COVID-19 Prevention Education

As COVID-19 continues to spread worldwide, rural Cambodian communities remain at highest risk to an outbreak. Social distancing, proper hand hygiene, and accessing healthcare is an everyday challenge.

AHC is educating rural communities to prevent the spread of COVID-19.

### THE DATA PREVENTATIVE EDUCATION ATTENDANCES THIS SEMESTER



82, 916

village members attendances



12,746

school students attendances



28, 150

caregiver attendances



6, 498

attendances at continuing professional education courses for AHC







#### **SPECIALTY SERVICES**

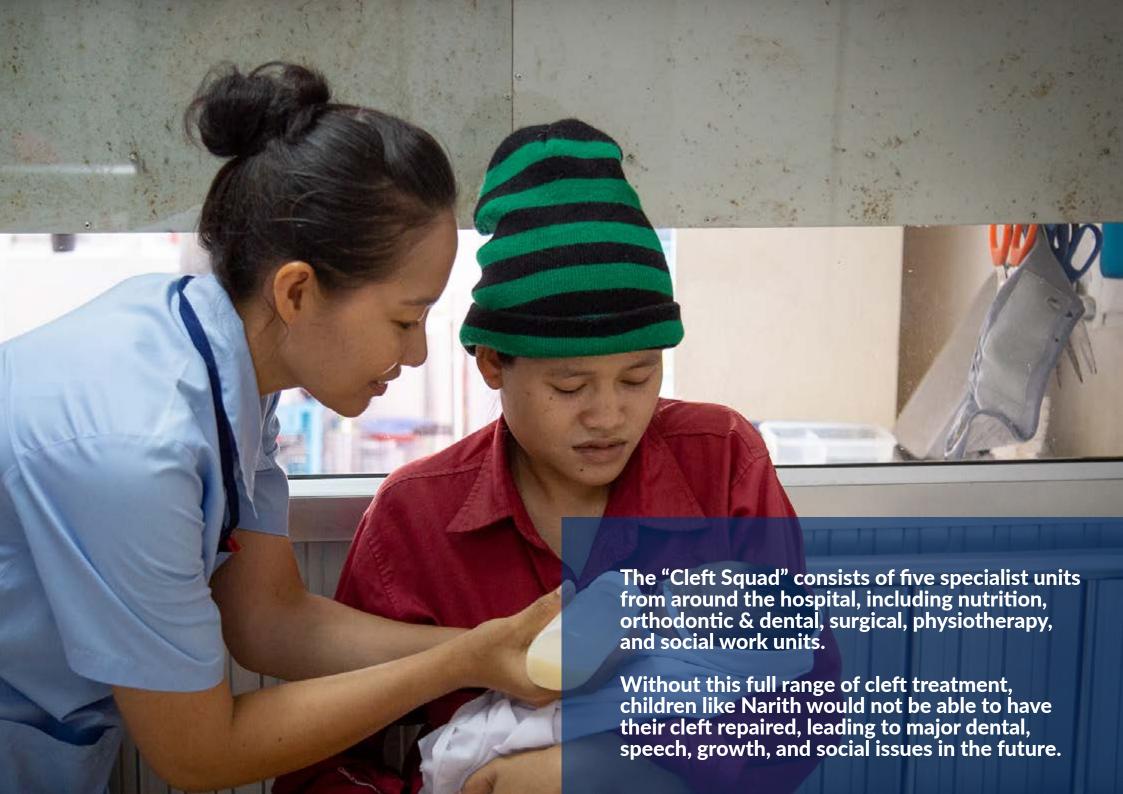
# PROVIDING SECONDARY AND TERTIARY SERVICES AVAILABLE NOWHERE ELSE

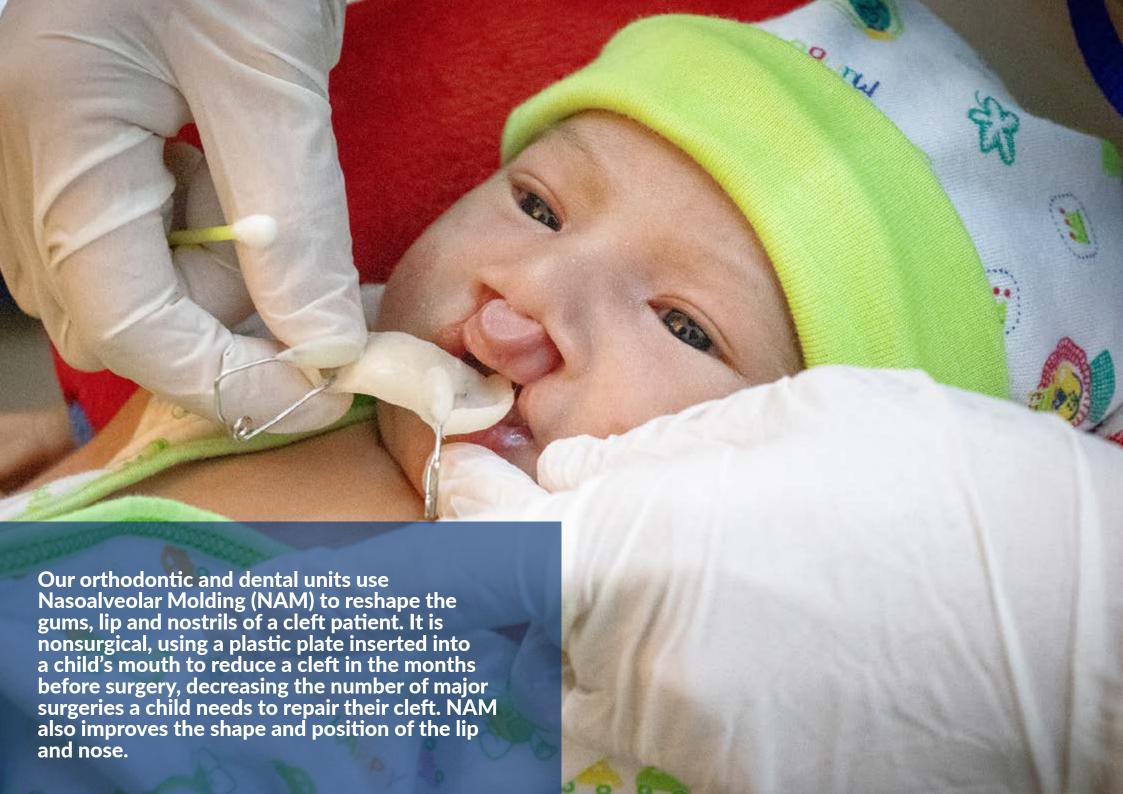
AHC prioritises treatment of paediatric sub-specialities, a strategic response to the needs presented amongst patients and gaps within the country's healthcare system. This specialty care includes treatments in tertiary facilities, like neonatal and intensive care, as well as outpatient-based specialty services, like oncology, cardiology and neurology. As one of the only healthcare organisations providing this service, we're establishing its importance to drive progress in specialty and routine service provision.

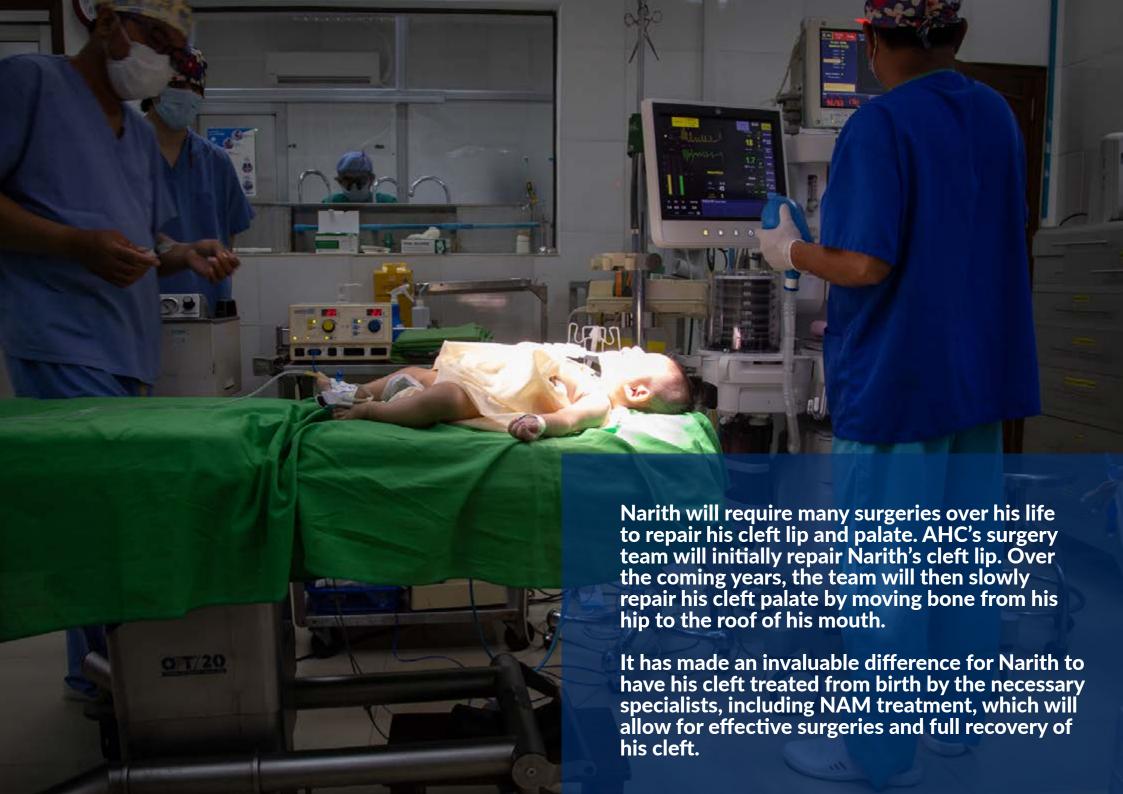








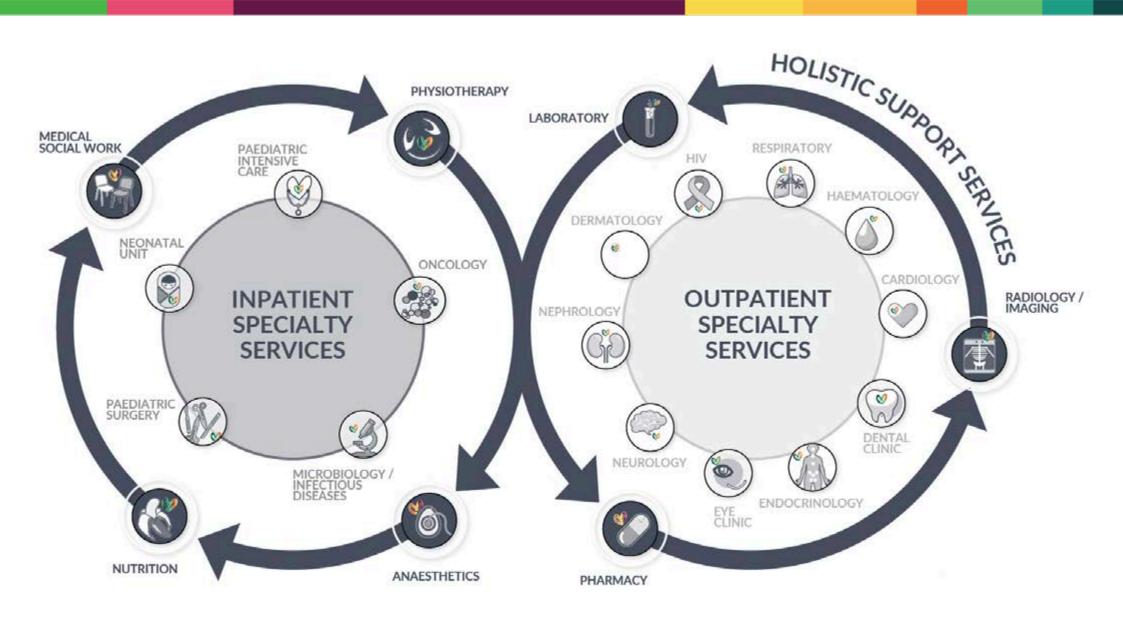






# **OUR SPECIALTY CARE MODEL**





### THE DATA

INPATIENT DEPARTMENT-BASED SPECIALTY SERVICES

2, 457 patients in total

OUTPATIENT DEPARTMENT-BASED SPECIALTY SERVICES

36, 656 patients in total









# HOLISTIC, COMPASSIONATE CARE FOR ALL

Since AHC's founding, the organisation's vision has remained: that all Cambodian children have access to quality, compassionate medical care, wherever they live and whatever their ability to pay. Between our 19 interconnected departments, we provide over 135,000 quality treatments annually to patients from each of Cambodia's 25 provinces – delivered by staff who treat each patient as their own.

#### **QUALITY CARE**

### HIGHLIGHT















#### **#NoChildLeftUnwell**

As the COVID-19 pandemic spreads worldwide, AHC is addressing the challenges and risks an outbreak would bring to child health in Cambodia, working to ensure that no child is forgotten and that progress in child health does not regress.

Through AHC's #NoChildLeftUnwell campaign, we're:

- providing a window into the untold stories of the most vulnerable
- sharing how our patients are affected by COVID-19 demonstrating our response
- educating our audiences on the essential healthcare services that AHC continues to provide

Child health around the world is in danger of being overlooked. Access to paediatric care is more important now than ever. AHC will continue to treat Cambodia's most vulnerable children and share their stories with you, so no child is left unwell.

Follow AHC to see how we're working to leave no child unwell

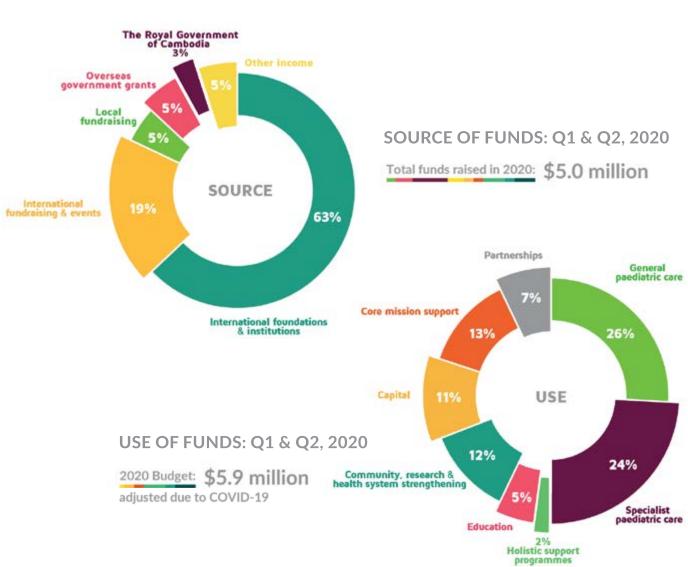




# **FINANCIALS**







# **QUANTIFYING AHC'S IMPACT**

